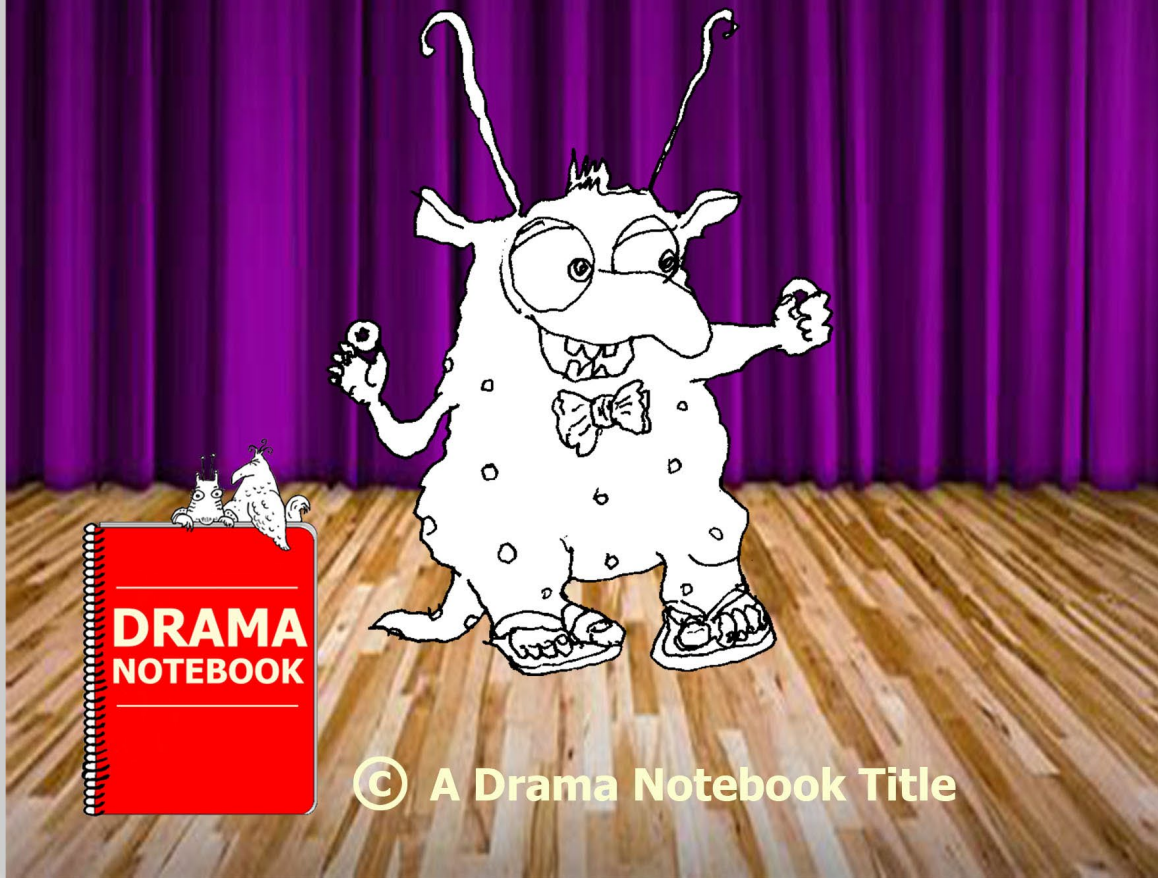
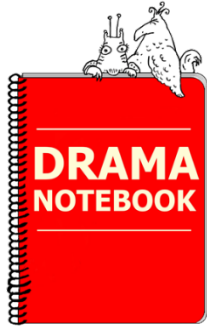


50 THINGS STUDENTS CAN LEARN FROM DRAMA





50 Things Students Can Learn from Theatre

Participation in drama can have dramatic and long-lasting effects on students of all ages. The benefits of participating in a performing arts program go far beyond book learning and can help children and teens overcome social anxiety, learn to work together cooperatively, and develop creativity and imagination.

Below is a list of 50 things that students can learn from theatre. Use the list as a handout, post the list in your classroom, or try some of these activities:

Try this!

Drama Warm-up

Ask students to form a circle. Secretly give each student a different thing from the list. You can go around the circle and whisper to each player, or hand each student a piece of paper with the benefit on it. Next, ask students to come up with an "I statement" sentence that further describes the benefit of participating in theatre.

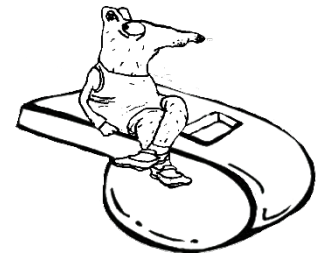
For example:

Benefit: Self-control

I statement: When we are watching a performance, I must stay silent, and that takes self-control.

Benefit: Resourcefulness

I statement: When we only had \$100 to make our set, we had to be resourceful!

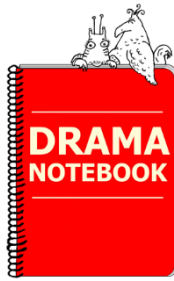


Three Things Skits

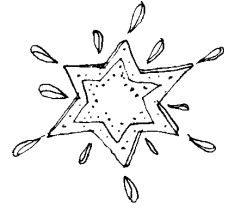
Put students in small groups. Ask each group to choose three things from the list and give them ten minutes to come up with a skit that shows how putting on a play helps students achieve those three things.

Essays

For extra credit, ask students to write a one-page essay that goes into depth about one of the things they can learn from theatre. The essay must include a description of the problem (lack of confidence for example), and then have them describe how theatre can help solve that issue.



50 Things Students Learn from Theatre



1. Creativity
2. Confidence
3. Collaboration
4. Perseverance
5. Focus
6. Dedication
7. Accountability
8. Problem Solving
9. Non-Verbal Communication
10. Giving and Receiving Constructive Feedback
11. Empathy
12. Tolerance
13. Listening Skills
14. Resilience
15. Patience
16. Quick Thinking
17. Physical Stamina
18. Emotional Stamina
19. Humility
20. Observation
21. Vocal Projection
22. Improvisation
23. Acceptance
24. Following Directions
25. Making connections to other content areas
26. Compassion
27. Spatial Awareness
28. History
29. Cultural Perspectives
30. Trust
31. Self-Control
32. Tenacity
33. Resourcefulness
34. Compromise
35. Self-regulation
36. Teamwork
37. Joy
38. Emotional Intelligence
39. Storytelling
40. The ability to laugh at yourself
41. We all matter, no matter your role
42. Kindness
43. Promptness
44. Language and vocabulary
45. Concentration
46. Friendship
47. Self-Expression
48. Self-Advocacy
49. Innovation
50. How to support and enjoy the success of others